

SUGESTÕES DO CHEF PARA 2 PESSOAS // CHEF'S SUGGESTIONS FOR TWO PEOPLE

CHURRASCO DO MAR E DA QUINTA (30 MINUTOS) 45,00€
SEA AND FARM BARBECUE (30 MINUTES)

CATAPLANA DE PEIXE E MARISCO (30 MINUTOS) 40,00€
FISH AND SEA CATAPLANA (30 MINUTES)

ARROZ DE TAMBORIL COM GAMBAS (30 MINUTOS) 45,00€
MONK FISH RICE WITH PRAWNS (30 MINUTES)

DO MAR // OF THE SEA

ESPETADA DE TAMBORIL COM GAMBAS, AÇORDA DE ALHO E COENTROS, LEGUMES SALTEADOS 22,00€
MONKFISH SKEWERS WITH PRAWNS, BREAD SOUP WITH GARLIC AND CORIANDER, SAUTÉED VEGETABLES

POLVO À LAGAREIRO 24,00€
LAGAREIRO'S GRILLED OCTOPUS, WITH SMASHED POTATOES AND CORNBREAD CRUMBS

TRANCHE DE SALMÃO BRASEADO, SEMENTES DE SÊSAMO, PURÉ DE BATATA DOCE E ESPARGOS VERDES 17,50€
BRAISED SALMON, SESAME SEEDS, MASHED SWEET POTATOES AND GREEN ASPARGUS

LOMBO DE BACALHAU À SAL, PURÉ DE COUVE FLOR E ESPARGOS VERDES 21,00€
SAL'S COD FISH LOIN, MASHED POTATOES AND GREEN ASPARGUS

DA QUINTA // OF THE FARM

NACOS DE BOI NA PEDRA 25,50€
GRILLED BEEF STEAK IN HOT STONE

BIFE À SAL, BATATA BOUCHON E VEGETAIS SALTEADOS 22,00€
SAL'S STEAK, BOUCHON FRENCH FRIES AND SAUTÉED VEGETABLES

LOMBINHOS DE PORCO IBÉRICO BRASEADOS, ESMAGADA DE BATATA E GRELOS 19,00€
BRAISED BLACK PORK TENDERLOIN WITH MASHED POTATO AND GREENS

PEITO DE FRANGO, MOLHO FETA E MANJERICÃO, ESMAGADA DE BATATA DOCE E RATATOUILLE DE LEGUMES 16,00€
CHICKEN BREAST, FETA AND BASIL SAUCE, MASHED SWEET POTATOES AND VEGETABLE RÂTATOUILLE